

# Makaton

A Language Development Programme, using signs, symbols and speech, devised to help children and adults who have learning and communication difficulties. Various workshops are available for parents, carers and professionals, and those who require training to go on to be Makaton Tutors.

Please contact Regional Senior Tutor Teresa Cutmore on 07986123959 for details of Workshops available at the Egremont Centre and others that Teresa will be running locally for 2017

Teresa has been successfully running Makaton workshops at different stages from the Foundation to the Enhancement Course .

Please note places are limited and workshops only run during term time

You are welcome to come for one to one healing with Jean, Or just to spend a quiet time at Egremont Sanctuary/Garden (by prior arrangement)

Tea and Coffee provided  
But for day time workshops please bring your own packed lunch

You can always call Jean on (01268) 524985 or write to her at "Egremont" Arterial Rd., Basildon Essex SS14 3JN or Email:-

**Jean@EgremontCentre.co.uk**  
to agree a suitable time if you are interested in any of the events listed.  
or visit our web site  
**www.EgremontCentre.co.uk**

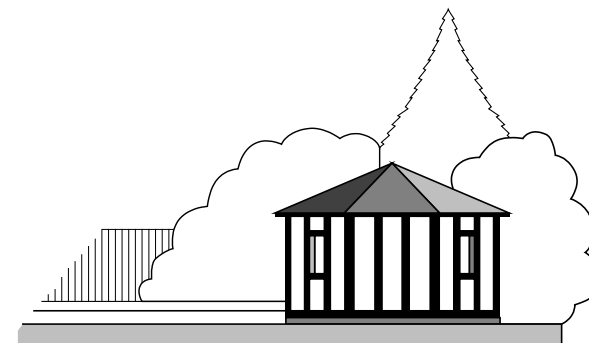
We all live fairly stressful lives so to take an hour or two out during the month could be your chance to recharge the batteries. If you just want to come along and see if there is something you would enjoy then please do. You are most welcome there are no hard and fast rules.

Form Ref: SAN2053G.indd

# Egremont Centre Activities

Programme for

January - June  
2017



# WATERCOLOUR WORKSHOPS

run by Ian in his studio at Egremont  
(usually on 2nd Saturday)  
10am to 4pm

Further details available on:-  
**www.IanDavyBrown.co.uk**

14th January 2017  
11th February  
11th March  
8th April  
13th May  
10th June

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## Astrology

**(2nd Thursday)**  
**2:00 to 4:00 pm**

12th January 2017  
9th February  
9th March  
13th April  
11th May  
8th June

**NEW A WHITE EAGLE  
AFTERNOON  
STUDY/MEDITATION GROUP**

# Jean's Meditation Group

**(3rd Thursday) 11.00 am**

19th January 2017  
16th February  
16th March  
20th April  
18th May  
15th June

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We will be studying  
White Eagles Wonderful Book  
"The Light Bringer"

Study/Meditation Group  
**(1st Tuesday) 2.00 pm**  
**1st SESSION WILL BE ON**

7th February 2017  
7th March  
4th April  
2nd May  
6th June

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## Floristry

Bespoke lessons can be arranged  
with Wendy, who you can contact  
via: The Flower Basket  
519 Ashingdon Rd.  
Rochford Essex SS14 3HE  
Tel:- 01702 545647  
**www.TheFlowerBasket519.co.uk**

# Nevendon White Eagle Study Group

Of the Ancient Inner  
Wisdom

Based on giving out the  
Light and Love of God to  
all people.

**(3rd Monday) 8.00 pm**

16th January 2017  
20th February  
20th March  
17th April  
15th May  
19th June

This Study group follows the  
White Eagle Brotherhood  
Service

(for initiated Brothers)

**which starts at 7pm**

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## Development Group

Membership to this group is by  
invitation

**(2nd Tuesday) 10.00 am**

10th January 2017  
14th February  
14th March  
11th April  
9th May  
13th June