

The Future is Looking Exciting

Ian's Art workshops
hopefully will be expanding
in 2018
with an additional
weekday workshop or
another Saturday/Sunday

subject to there being sufficient demand.
If interested please contact
Ian on www.IanDavyBrown.co.uk

Spaces are limited to allow a
more personalised experience.

These new class will run from
10am to 3pm
at a cost of £35 a session

You will need to bring
a packed lunch, but tea,
coffee and biscuits are
provided.

You also need to bring any
watercolour Materials you have
such as paints
brushes and paper.

"FEELING STRESSED"
or just need to chill out
then join us.

You are welcome to just
spend a quiet time at Egremont
Sanctuary/Garden
(by prior arrangement)
Tea and Coffee provided.

You can always call Jean on
(01268) 524985 or write to her at
"Egremont" Arterial Road,
Basildon Essex SS14 3JN
or Email:-

Jean@EgremontCentre.co.uk
to agree a suitable time if you are
interested in any of the
events listed.
or visit our web site
www.EgremontCentre.co.uk

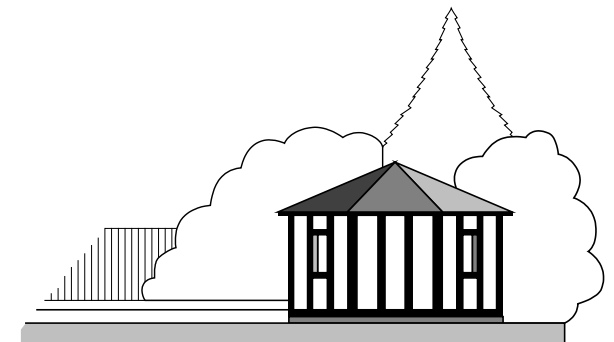
We all live fairly stressful lives so
to take an hour or two out during
the month could be your chance to
recharge the batteries. If you just
want to come along and see if there
is something you would enjoy then
please do. You are most welcome
there are no hard and fast rules.

Form Ref: SAN2053G.indd

Egremont Centre Activities

Programme for

January - June
2018



WATERCOLOUR WORKSHOPS

run by Ian in his studio at Egremont
(on 2nd Saturday each month)

10am to 4pm

cost £35 a session

Further details available on:-

www.IanDavyBrown.co.uk

13th January 2018

10th February

10th March

14th April

12th May

9th June

Astrology & Numerology (2nd Thursday) 2:00 to 4:00 pm

11th January 2018

8th February

8th March

12th April

10th May

14th June

Floristry

orders still available from Wendy

via: The Flower Basket

519 Ashingdon Rd.

Rochford Essex SS14 3HE

Tel:- 01702 545647

www.TheFlowerBasket519.co.uk

Jean's Meditation Group

A Chance to chill out
(3rd Thursday) 11.00 am

18th January 2018

15th February

15th March

19th April

17th May

21st June

Delighted to say this new

Study Meditation Group

has taken off, using

White Eagles Wonderful Book

"The Light Bringer"

**(1st Tuesday each month)
at 2.00 pm**

2nd January 2018

6th February

6th March

3rd April

1st May

5th June

Nevendon White Eagle Study Group

Of the Ancient Inner

Wisdom

Based on giving out the
Light and Love of God to
all people. without judging

(3rd Monday) 7.50 pm

15th January 2018

19th February

19th March

16th April

21st May

18th June

This Study group follows the
White Eagle Brotherhood
Service

(for initiated Brothers)

which starts at 7pm

Development Group

Membership to this group is by
invitation

(2nd Tuesday) 10.00 am

9th January 2018

13h February

13th March

10th April

8th May

12h June